

**C 63096**

**(Pages : 2)**

**Name**

**Reg. No.....**

**SECOND SEMESTER M.Sc. DEGREE EXAMINATION, JUNE 2019**

(CUCSS)

Psychology

PSY 2.3—COUNSELING PSYCHOLOGY

(2010 Admissions)

Time : Three Hours

Maximum : 36 Weightage

**Section A**

*Answer **all** questions in one **or** two sentences each.*

*Each question carries 1 weightage.*

Explain the following :

1. Informed consent.
2. Conceptualization skills.
3. Repression.
4. 'Polarization' in Gestalt.
5. Empathy.
6. Punishment.
7. Covert reinforcement.
8. Shaping.
9. Psychodrama.
10. Concrete exploration.
11. Ego.
12. 'Stuck ' in Gestalt.
13. Reality anxiety.
14. Behavioural counseling.

(14 x 1 = 14 weightage)

**Section B**

*Answer any seven paragraph questions.*

*Each question carries 2 weightage.*

15. Write about group counseling.
16. Enumerate the characteristics of an effective counseling relationships.
17. Explain-reality therapy.
18. Elucidate the nature and assumptions of trait-factor counseling.
19. List out the goals of client centered therapy.
20. Assess the characteristics of effective drug abuse prevention program.
21. Explain - 'counseling the aged'.

**Turn over**

22. Write a note on 'counseling in vocational setting'.
23. Elaborate the technique of 'Transcendental Meditation'.
24. Discuss about 'guided somato psychic relaxation'.

(7 x 2 = 14 weightage)

### Section C

*Write essays on any two of the following.  
Each question carries 4 weightage.*

25. Elaborate the process involved in counseling.
26. Examine the affective approaches to counseling.
27. Enumerate the challenges in counseling special population.
28. Assess the role of various relaxation in counseling.

(2 x 4 = 8 weightage)