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FIRST SEMESTER M.A./M.Sc./M.Com. DEGREE EXAMINATION DECEMBER 2019

(CBCSS)

Psychology

PSY 1C 03—PERSONALITY AND PERSONAL GROWTH

(2019 Admissions)

Time: Three Hours Maximum: 30 Weightage

Part A

Write short notes on any **four** of the following.

Answer should not exceeding 100 words.

Each answer carries 2 weightage.

- 1. Personality traits.
- 2. S-R theory.
- 3. Empathy.
- 4. Personality inventories.
- 5. Self actualization.
- 6. Yoga Psychology.
- 7. Punishment.

 $(4 \times 2 = 8 \text{ weightage})$

Part B

Answer any four of the following in not exceeding 300 words.

Each answer carries 3 weightage.

- 8. Discuss the relevance of type approach in personality?
- 9. Give an account of the humanistic perspectives on personality?
- 10. Explain the views on personality development by Erickson?
- 11. Examine the role of projective tests in the assessment of personality?
- 12. Elucidate the need for personality research in the contemporary society?

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- 13. Discuss the physical, social and psychological bases of consciousness?
- 14. Describe the Holistic approach to personal growth?

 $(4 \times 3 = 12 \text{ weightage})$

Part C

Answer any two of the following in not less than 500 words. Each question carries 5 weightage.

- 15. Define personality and describe the behavioural views on personality development?
- 16. Briefly explain the trait theories of personality with special reference to Allport and Eysenck?
- 17. Explain the purpose, trends and process of personality assessment?
- 18. Examine the significance of Transpersonal psychology as an approach to counseling and psychotherapy?

 $(2 \times 5 = 10 \text{ weightage})$