

**QP Code: U25B025**

**Reg. No** : .....

**Name** : .....

**ST MARY'S COLLEGE (AUTONOMOUS), THRISSUR-20**

**II SEMESTER (FYUGP) DEGREE EXAMINATION, MARCH 2025**

**B.A/B.Sc/B Com/BSW**

**HIS2MN110 : HISTORY OF INDIAN FOOD CULTURE**

**2024 Admission Onwards**

**(Credits: 4)**

**Time: 2 Hours**

**Maximum Marks: 70**

**Section A**

*Answer **all**. Each question carries 3 Marks (Ceiling: 24 Marks)*

1. Explain the contributions of K T Achaya to the food studies in India. [BTL2]
2. Identify the characteristics of Harappan diet. [BTL3]
3. State the significance of Sattvic diet. [BTL1]
4. Illustrate the concept of Aitinaï. [BTL3]
5. Write a note on the food items mentioned by Ibn Batuta and Amir Khusru. [BTL3]
6. Demonstrate The Mughal feast: Recipes from the kitchen of Emperor Shah Jahan. [BTL2]
7. Identify the contributions of Mangarasa to the culinary traditions of Vijayanagara Empire. [BTL3]
8. Assess the content of the work "Culinary Culture in Colonial India: A Cosmopolitan Pattern and the Middle Class." [BTL3]
9. Identify the major plantations of tea and coffee in India. [BTL3]
10. Analyse the first Five year plan in India. [BTL4]

**Section B**

*Answer **all**. Each question carries 6 Marks (Ceiling: 36 Marks)*

11. Explain the major Ayurvedic texts on Ahara kalpana. [BTL2]
12. Find out the beverages of Vedic Indians. [BTL1]
13. Give a description on the culinary culture in the work "Soopa Sastra". [BTL2]
14. Examine the changes brought by the Muslim rulers in the food culture during the medieval period in India. [BTL4]
15. Explain the evolution of bread and cake in India. [BTL2]

**Turn Over**

16. Identify the major new world food crops in India. [BTL4]
17. Analyze the role of Indian diaspora in popularizing Indian food in other countries. [BTL4]
18. 'Modern North Indian cuisine is a mixture of cultures' - Justify the statement. [BTL5]

### Section C

*Answer **any one**. Each question carries 10 Marks (1x10=10 Marks)*

19. Analyze the food in Ancient South India. [BTL4]
20. 'India had rich varieties of food according to its regions' - substantiate. [BTL5]

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