

C 83710

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Name

Reg. No.

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, JUNE 2015

(CUCSS)

Psychology

PSY 2.3—COUNSELLING PSYCHOLOGY

Time : Three Hours

Maximum : 36 Weightage

Part A

*Write short notes on **all** questions.
Each question carries a weightage of 1.*

1. Biofeedback.
2. Uncoupling process.
3. Crisis counselling.
4. Multimodal counselling.
5. Dance therapy.
6. Cognitive restructuring.
7. Reality therapy.
8. Sexuality counselling.
9. Burnout phenomenon.
10. Reframing.
11. Sensate focus exercise.
12. Musterbating.
13. Brief therapy.
14. Action oriented counselling strategy.

(14 x 1 = 14 weightage)

Part B

*Answer any **seven** of the following in **a paragraph**.
Each question carries a weightage of 2.*

15. Discuss ethical issues in family counselling.
16. What are the problems in counselling the handicapped ?
17. What is the role of a counsellor in the hospital setting ?
18. What are the goals of counselling ?

Turn over

19. What are the roles of a teacher as counsellor ?
20. Give a brief account of the historical development of counselling.
21. Briefly explain the procedure of JPMR.
22. What are the professional issues in counselling ?
23. Give an evaluation on the purpose, difficulties and criteria of counselling.
24. What are the characteristics of an effective counselling relationship ?

(7 x 2 = 14 weightage)

Part C

Write essays on any two of the following.

Each question carries a weightage of 4.

25. Define Counselling. What are the different stages of counselling ?
26. Explain the principles and procedures of group counselling.
27. Compare the major approaches in counselling.
28. Give an account of Transactional Analysis.

(2 x 4 = 8 weightage)