

D 71430

(Pages : 2)

Name.....

Reg. No.....

THIRD SEMESTER M.Sc. DEGREE EXAMINATION, DECEMBER 2014

(CUCSS)

Psychology

PSY 3.3—PSYCHOTHERAPEUTICS – II

Time : Three Hours

Maximum : 36 Weightage

Section A

*Answer **all** questions in one **or** two sentences each.*

Each question carries 1 weightage.

1. Role playing.
2. Shame attacking exercise.
3. Biofeedback.
4. EMG.
5. Covert sensitization.
6. Vicarious conditioning.
7. Implosion.
8. Negative practice.
9. Stimulus satiation.
10. Social modelling.
11. Contingency Management.
12. Behaviour contract.
13. G.S.R.
14. Verbal aversion.

(14 x 1 = 14 weightage)

Section B

*Answer any **seven** in a **paragraph** each.*

Each question carries 2 weightage.

15. Explain the application of operant conditioning in behavioural modification.
16. What are the techniques of reinforcement ?
17. Explain various modelling techniques.

Turn over

18. Discuss ethical issues in behaviour modification.
19. What are the different self control techniques ?
20. Discuss the process of stress inoculation therapy.
21. Give a brief account of Beck's cognitive behaviour therapy.
22. Explain Rational Emotive therapy.
23. Discuss the application of cognitive therapy in psychosis.
24. What are phases of Eye Movement De-sensitization and Reprocessing (EMDR) ?

(7 x 2 = 14 weightage)

Section C

*Answer any **two** questions.*

Each question carries 4 weightage.

25. Discuss the basic principles of classical conditioning and its application in behaviour modification.
26. Compare and contrast the Radical and Neo-behaviouristic perspective in behaviour modification.
27. Discuss the rationale and application of Assertiveness Training and social skills training.
28. Explain the Rationale and techniques of cognitive behaviour therapy.

(2 x 4 = 8 weightage)