

3483 C

Name :

Reg. No:

FOURTH SEMESTER M.Sc. (CUCSS) DEGREE EXAMINATION, JUNE 2016

Psychology

PSYCHOTHERAPUTICS II

Time : Three Hours

Maximum : 36 Weightage

Section A

Answer all questions in one or two sentences each.

Each question carries 1 weightage

1. Implosion
2. E.M.G
3. Social skills training
4. JPMR
5. Extinction
6. Contingency management
7. Stimulus satiation
8. Stress inoculation training
9. Flooding
10. Cognitive distortions
11. Magnification & minimization
12. Cognitive triad
13. Reframing and referenting
14. Emotive techniques

(14 x 1 = 14 weightage)

Section B

Answer any seven questions in a paragraph each.

Each question carries a weightage of 2.

15. Systematic desensitization
16. Core irrational beliefs lead to maladaptive behaviour
17. Ethics and professional issues in Behaviour modification
18. Current trends in Behaviour therapy
19. Vicarious conditioning
20. Radical and Neo-behaviouristic perspective
21. Modelling techniques and clinical conditions
22. Techniques of reinforcement
23. Self control techniques
24. Assertiveness training

(7 x 2 = 14 weightage)

Turn over

Section C

Answer any two questions in an essay each.

Each question carries a weightage of 4.

- 25. Compare and contrast classical and operant conditioning.
- 25. Discuss the role of counsellor, key concepts and techniques of cognitive Behavioural therapy.
- 27. Explain the rationale, techniques and types of Aversion therapy
- 23. Discuss the process and techniques of Rational Emotive therapy.

(2 x 4 = 8 weightage)