

**61181 A**

**Name :** .....

**Reg. No:** .....

**FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, MAY 2014  
(CUCSS)  
Psychology**

**PSYCHOTHERAPEUTICS - I**

**Time : Three Hours**

**Maximum : 36 Weightage**

**Section A**

*Answer all questions in one or two sentences each.  
Each question carries 1 weightage.*

1. Sensitivity training
2. Psychodrama
3. Projection
4. Displacement
5. Rationalisation
6. Logo therapy
7. Bio-feedback
8. The therapeutic alliance
9. Quest for meaning
10. Self awareness
11. Striving for self actualisation
12. Multiple impact therapy
13. T-groups
14. Nude marathons.

(14x1=14 weightage)

**Section B**

*Answer any seven questions in a paragraph each.  
Each question carries a Weightage of 2.*

15. Gestalt therapy
16. Current status of Psychoanalysis
17. Issues of research in psychotherapy.
18. General and specific factors promoting change in psychotherapy.
19. Discuss the course of psychotherapy.
20. Salient features of T.A.
21. The views of human nature in rational emotive therapy.
22. Forms of encounter groups.
23. The aim of psychoanalytic therapy.
24. Basic concepts of psychoanalysis.

(7x2=14weightage)

**Turn over**

**Section C**

*Answer any two questions in an essay each.  
Each question carries a Weightage of 4.*

25. Briefly explain pathology and communication in families and discuss the goals and process of family therapy.
26. Critically evaluate client-centred psychotherapy.
27. Give a brief account of Group therapy.
28. Discuss the theoretical perspectives on psychotherapy. (2x4=8 weightage)