

61181 B

Name :

Reg. No:

**FOURTH SEMESTER M.Sc. DEGREE EXAMINATION, MAY 2014
(CUCSS)
Psychology**

PSYCHOTHERAPEUTICS – II

Time : Three Hours

Maximum : 36 Weightage

Section A

*Answer all questions in one or two sentences each.
Each question carries 1 weightage*

1. Graded exposure
2. Self efficacy
3. Behaviour contract
4. Cognitive distortion
5. Reattribution technique
6. Refraining
7. Imagery
8. EMG
9. EEG
10. Spontaneous recovery
11. Decentering
12. Vicarious conditioning
13. Extinction
14. Covert sensitization

(14x1=14weightage)

Section B

*Answer any seven questions in a paragraph each.
Each question carries a weightage of 2.*

15. Current practices and feature trends in Behaviour Modification
16. Self control techniques
17. Stress inoculation therapy
18. Multimodal therapy
19. Modelling techniques
20. Assertiveness training
21. Reinforcement schedule
22. Social skills training
23. Aversion therapy
24. Neo behaviouristic perspective

(7x2=14weightage)

Turn over

Section C

Answer any two questions in an essay each.

Each question carries a weightage of 4.

25. Explain the rationale and techniques of Beck's cognitive behaviour therapy
26. Discuss ethical and professional issues in behaviour modification
27. Compare and contrast classical and operant conditioning
28. Discuss the rationale and techniques of relaxation based Behaviour modification

(2x4=8weightage)