

C 4750

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Name

Reg. No.

SECOND SEMESTER M.Sc. DEGREE EXAMINATION, JUNE 2016

(CUCSS)

Psychology

PSY 2.2—HEALTH PSYCHOLOGY

Time : Three Hours

Maximum : 36 Weightage

Section A

*Answer **all** questions in one **or** two sentence each.*

Each question carries 1 weightage.

1. Health psychology.
2. Psycho-education.
3. Preventive counseling.
4. Psychosomatic medicine.
5. Acute and chronic illnesses.
6. Hardy personality.
7. Psycho-neuro-immunology.
8. Locus of control.
9. Learned helplessness.
10. Inflammatory bowel disease.
11. Psychogenic pain.
12. AIDS.
13. Type I and type II diabetes.
14. Epilepsy.

(14 x 1 = 14 weightage)

Turn over

Section B

Answer any seven paragraph questions.

Each question carries 2 weightage.

15. Mind-body relationship.
16. Goals of health psychology.
17. Types of social support.
18. Role of stress in hypertension.
19. Characteristics of type A behavior pattern.
20. Psycho-physiological diseases.
21. Nature and symptoms of pain.
22. Behavioural management of clinical pain.
23. Learning as a cause of pain.
24. Causes and effects of asthma.

(7 x 2 = 14 weightage)

Section C

*Answer any **two** essay questions.*

Each question carries 4 weightage.

25. What is the need for health psychology ? Discuss the current perspectives on health and illness.
26. Define stress and discuss the role of bio-psychosocial factors on illness.
27. What is meant by pain ? Discuss the important theories related to pain.
28. Discuss the role and procedure of relaxation technique in the management of chronic illnesses.

(2 x 4 = 8 weightage)