

FIFTH SEMESTER B.VOC. DEGREE EXAMINATION, NOVEMBER 2017**GEC 5LS 15—LIFE SKILL DEVELOPEMENT**

Time : Three Hours

Maximum : 80 marks

Section A (Objective Type Questions)*Answer all questions.*

Choose the right answer from the following options :

1 Self-esteem means :

- (a) Self-respect. (b) Achieve success.
(c) Negligence. (d) Compete with others.

2 Which one indicates the sum total of the physical and mental qualities that an individual inherits from parents ?

- (a) Environment. (b) Heredity.
(c) Aptitude. (d) Behavior.

3 The process of helping young persons to learn to adjust to self, to others, and to circumstances

- (a) Facilitation. (b) Orientation.
(c) Guidance. (d) Maturation.

4 Wayne Payne is associated to :

- (a) Verbal intelligence. (b) Emotional intelligence.
(c) Interpersonal intelligence. (d) Fluid intelligence.

5 The process of ending disagreement between two parties are called :

- (a) Confrontation. (b) Competition.
(c) Conflict resolution. (d) Enculturation.

State whether the following statements are true *or* false :

- 6 Decision making can be defined as a process of making choices among possible alternatives.
7 Intrapersonal skills are the skills that an individual uses to interact with other people.
8 Mystery friend, My personal crest and Personal Goals are the activities which can be used to develop self-awareness among adolescents.

Turn over

- 9 Career conference need not to cover topics such as importance of job, essential qualifications, ways of special training and responsibilities of the work.
- 10 Cognitive capacity includes memory, leaning and reasoning.

(10 × 1 = 10 marks)

Section B (Very Short Answer Type Questions)

*Answer any ten of the following.
2 marks each.*

- 11 Group discussion.
- 12 Social capital.
- 13 Positive thinking.
- 14 Mature personality.
- 15 Self-actualization.
- 16 Team work.
- 17 Critical thinking.
- 18 Self-control.
- 19 Memory.
- 20 Mal-adjustment.
- 21 Intelligence.
- 22 Hard skill.

(10 × 2 = 20 marks)

Section C (Short Essays)

*Answer any six questions.
5 marks each.*

- 23 What are the aspects of soft skills ?
- 24 Discuss the essential specifications of Communication skills.
- 25 What do you mean by Entrepreneurship skill ?
- 26 Explain the types of leadership.
- 27 Discuss about the hierarchy of human needs of Maslow.

- 28 What is mean by emotion ? Explain the characteristics of emotions.
- 29 What are the factors affecting the socialization process of an individual ?
- 30 "Effective public speaking is an art and craft". Explain.

(6 × 5 = 30 marks)

Section D (Essays)

Answer any two of the following.

Each one carries 10 marks.

- 31 What are the core life skills identified by WHO ? Explain.
- 32 What is career guidance ? Elaborate the sources of career information.
- 33 What is mean by conflict ? What are the types and discuss the steps of conflict resolution
- 34 Define the soft skill. Discuss the elements of soft skills.

(2 × 10 = 20 marks)