

C 23363-A

(Pages : 4)

Name.....

Reg. No.....

FOURTH SEMESTER B.A. DEGREE EXAMINATION, APRIL 2017

(CUCBCSS—UG)

Sociology

SOC 4B 06/SOM 4B 05—LIFE SKILL DEVELOPMENT

(Multiple Choice Questions for SDE Candidates)

Time : 15 Minutes

Total No. of Questions : 20

Maximum : 20 Marks

INSTRUCTIONS TO THE CANDIDATE

1. This Question Paper carries Multiple Choice Questions from 1 to 20.
2. The candidate should check that the question paper supplied to him/her contains all the 20 questions in serial order.
3. Each question is provided with choices (A), (B), (C) and (D) having one correct answer. Choose the correct answer and enter it in the main answer-book.
4. The MCQ question paper will be supplied after the completion of the descriptive examination.

SOC 4B 06/SOM 4B 05—LIFE SKILL DEVELOPMENT

(Multiple Choice Questions for SDE Candidates)

1. Determining alternative solutions to the problem is related to _____ skill.
(A) Critical thinking. (B) Refusal skills.
(C) Problem solving skills. (D) Effective communication skill.
2. _____ skill includes the verbal and non-verbal aspects.
(A) Decision making. (B) Advocacy.
(C) Communication. (D) Problem solving.
3. Negotiation refusal skills directly affect one's ability to manage _____.
(A) Information gathering. (B) Economic aspects.
(C) Conflict Anger. (D) None of the above.
4. Self-evaluation skills help to set _____.
(A) Carrier. (B) Goals.
(C) Education. (D) Family.
5. Ability to express feelings and feedback is related to _____ skills.
(A) Motivational skill. (B) Management skill.
(C) Inter-personal skill. (D) Decision-making-skill.
6. Anything that prevents understanding of the message is called _____.
(A) Noise. (B) Stress.
(C) Barrier. (D) Complex.
7. When a message is too complicated to be understood is called _____.
(A) Message bias. (B) Message complexity.
(C) Message over load. (D) Message noise.

8. Mistake in grammar disrupt a communication, that is called _____.
(A) Psychological noise. (B) Syntactical noise.
(C) Cultural noise. (D) Organizational noise.
9. People can listen intelligently at 600 to _____ words per minute.
(A) 700 words. (B) 800 words.
(C) 900 words. (D) 1000 words.
10. _____ helps to capture listener's attention.
(A) Message. (B) Communication.
(C) Gesture. (D) Hints.
11. The word emotion is derived from the _____ word 'emovere'.
(A) Latin. (B) Greek.
(C) French. (D) Portuguese.
12. The word SQ (Social Quotient) is originally coined by _____.
(A) Thornika. (B) Ketron.
(C) Sternberg. (D) Vernon.
13. The term stress has been derived from the _____ word 'stranger'.
(A) Greek. (B) French.
(C) Latin. (D) Spanish.
14. _____ occurs when issues appear to be incompatible.
(A) Conflict. (B) Fight.
(C) Stress. (D) Disturbance.
15. _____ style indicates a willingness to meet of others at the expense of the persons own needs.
(A) Compromising. (B) Accommodating.
(C) Avoiding. (D) Collaborating.

Turn over

16. _____ are often powerful reactions.

(A) Angry.

(B) Emotion.

(C) Stress.

(D) Strain.

17. _____ is the evaluation of various aspects of the social world.

(A) Personality.

(B) Social awareness.

(C) Attitude.

(D) Outlook.

18. _____ involves the ability to produce work that is both novel and appropriate.

(A) Participation.

(B) Creativity.

(C) Assertive behaviour.

(D) Performance.

19. Events or situations in our environment that cause stress:

(A) Stressors.

(B) Activators.

(C) Encounters.

(D) Creators.

20. The word career originated from the _____ word 'carrus'.

(A) Greek.

(B) Spanish.

(C) Portuguese.

(D) Latin.

FOURTH SEMESTER B.A. DEGREE EXAMINATION, APRIL 2017

(CUCBCSS—UG)

Sociology

SOC 4B 06/SOM 4B 05—LIFE SKILL DEVELOPMENT

Time : Three Hours

Maximum : 80 Marks

Section A (Objective Type Questions)*Answer all ten questions.*

1. Which is not a pillar of life skill education ?
(a) Learning to know. (b) Learning to be.
(c) Learning to do. (d) Self learning.
2. Life skill, education helps in the ———— Development of a person.
(a) Personality. (b) Individuality.
(c) Egoism. (d) Super egoism.
3. The level of a person's emotional intelligence, often as represented by a score in a standardized test, is called :
(a) I Q. (b) E Q.
(c) S Q. (d) None of the above.
4. The term personality is derived from the word persona which means :
(a) Drama. (b) Mask.
(c) Habit. (d) Culture.
5. Which one is not a soft skill ?
(a) Communication. (b) Problem solving.
(c) Reading. (d) Leadership.
6. A Person's overall evaluation or appraisal of his own worth is called ————.
7. ———— refers to services and activities intended to assist individuals, of any age and at any point throughout their live, to make educational, training and occupational choices and to manage their career.
8. ———— is a state of mental or emotional strain or tension resulting from adverse or demanding circumstances
9. The ability to understand and share the feelings of another person is called ————.
10. Discussion or exchange of views and thoughts among a group of persons is called ————.

(10 × 1 = 10 marks)

Turn over

Section B (Very Short Answers Type Questions)

*Answer any ten questions from twelve.
2 marks each.*

11. Implicit self esteem.
12. Hierarchy of needs.
13. Self control.
14. Emotional intelligence.
15. Healthy Personality.
16. Job fair.
17. Career planning.
18. Public speaking.
19. Hard skills.
20. Intelligence Quotient.
21. Competency.
22. Life skill.

(10 × 2 = 20 marks)

Section C (Short Essays)

*Answer any six questions from eight.
5 marks each.*

23. How we can develop positive thinking ?
24. What are the skills needed for Group discussion.
25. Discuss the importance of Self esteem.
26. Discuss the importance of career magazines.
27. Write a note on Decision making skills.
28. Discuss the importance of Life skill training.
29. What are self management skills.
30. Discuss the difference between verbal and non verbal communication.

(6 × 5 = 30 marks)

Section D (Essay Questions)

*Answer any two questions from four.
10 marks each.*

31. Soft skills are essential for life skill development. Discuss
32. List out the skills used for person to group communication
33. List out the dos and don'ts in a resume
34. Discuss the steps and stages of conflict resolution.

(2 × 10 = 20 marks)