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(Pages : 3)

Name.....

Reg. No.....

**FIFTH SEMESTER B.A./B.Sc./B.Com./B.B.A. DEGREE EXAMINATION
NOVEMBER 2017**

(CUCBCSS—UG)

Open Course

SOC 5D 01—LIFE SKILL EDUCATION

(Multiple Choice Questions for SDE Candidates)

Time : 15 Minutes

Total No. of Questions : 10

Maximum : 10 Marks

INSTRUCTIONS TO THE CANDIDATE

1. This Question Paper carries Multiple Choice Questions from 1 to 10.
2. The candidate should check that the question paper supplied to him/her contains all the 10 questions in serial order.
3. Each question is provided with choices (A), (B), (C) and (D) having one correct answer. Choose the correct answer and enter it in the main answer-book.
4. The MCQ question paper will be supplied after the completion of the descriptive examination.

SOC 5D 01—LIFE SKILL EDUCATION

(Multiple Choice Questions for SDE Candidates)

1. Which of the following is a Computerised job Search website ?
 - (A) Google.com.
 - (B) Yahoo.com.
 - (C) Monster.com.
2. Which of the following are some outward signs of positive self-esteem ?
 - (A) Hatred.
 - (B) Pity.
 - (C) An ability to solve problems.
3. ——— feedback attempts to gain additional information or clarify a point.
 - (A) Interpretive.
 - (B) Supportive.
 - (C) Probing.
4. ——— communication happens among friends and family.
 - (A) Formal.
 - (B) Informal.
 - (C) Non formal.
5. A ——— is often composed of the jobs held, titles earned and work accomplished over a long period of time, rather than just referring to one position.
 - (A) Career.
 - (B) Hobby.
 - (C) Interest.
6. Self-management skills include being :
 - (A) Analytical.
 - (B) Aggressive.
 - (C) Stressed.
 - (D) Imbalanced.
7. Self esteem, ———, self-evaluation skills and the ability to set goal are also part of self-management skills.
 - (A) Self-awareness.
 - (B) Pity.
 - (C) Despise.
 - (D) Resentment.

8. In a simple model of communication, information is sent in some form as spoken language from _____ to a receiver.
- (A) Sender. (B) Message.
(C) Feedback.
9. The ability to imagine what life is like for another person :
- (A) Self-awareness. (B) Empathy.
(C) Critical thinking. (D) Creative thinking.
10. _____ means that we are able to express ourselves, both verbally and non-verbally, so that our ideas are effectively transmitted to others.
- (A) Interpersonal relationship skills. (B) Effective communication.
(C) Critical thinking. (D) Decision making.

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NOVEMBER 2017****(CUCBCSS—UG)****Open Course****SOC 5D 01—LIFE SKILL EDUCATION****Time : Two Hours****Maximum : 40 Marks****Section A (Objective Type)**

*Answer all the five questions.
Each question carries 1 mark.*

Fill in the blanks :

1. _____ is a self management skill.
2. _____ is an example of verbal communication.
3. Life skill education helps to the _____ development of a person.
4. Follow up communication is part of _____.
5. Job fair is a source of _____ information.

(5 × 1 = 5 marks)**Section B (Very Short Answers)**

*Answer any five out of seven.
Each question carries 2 marks.*

Define the following concepts :

6. Career website.
7. Coping skill.
8. Job Fair.
9. Non-verbal Communication.
10. Career Guidance.
11. Career magazine.
12. Group communication.

(5 × 2 = 10 marks)**Turn over**

Section C (Short Essays)

Answer any **three** questions out of **five**.

Each question carries 5 marks.

13. Explain life skill as a life course approach.
14. Describe the different skills needed for decision making.
15. Present the skills required for effective public speaking.
16. Distinguish between different types self-management skills.
17. What is a resume ?

(3 × 5 = 15 marks)

Section D (Essay Questions)

Answer any **one** question out of **two**.

It carries 10 marks.

18. Illustrate the different types of communication and the skills needed for it.
19. Present the basic guidelines for career planning.

(1 × 10 = 10 marks)